

SIMULATION APPROACH FOR EDUCATION AND TRAINING IN EMERGENCY

simulation for medical practice

Abdominal Trauma University of Foggia (UniFg)





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DOCUMENT VERSION 01

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Scenario Description

Learning Target

Medical:

- Assessment and ABCDE
- Identify abdominal trauma
- Treatment according to local protocol. Protocol (if available) should be attached to script

CRM:

- Closed-loop
- communication
- (I)SBAR

Description

Where:

Emergency department

Frame conditions:

Day shift in the ED, all resources available

Participants

- ED physician
- ED nurses (1-2)
- Surgeon
- Radiologist

If handover, one or better two members from ambulance team

Notes:

Use FAST tool and/or NHISS if desired

Scenario Briefing

Briefing (everyone)

Mrs. Jones (80 years) arrives by ambulance to the ED. (Name and gender adaptable to local circumstances!)

She has type 2 diabetes mellitus being treated with oral hypoglycemic agents and she has arterial hypertension in good compensation.

Early in a hot summer morning, she was hit by a garbage truck during the reversing maneuver.

She is conscious and collaborating, but feels pain in her abdomen.

The truck driver called the dispatch center for emergency help.

Ambulance report:

- Female 80 years
- History of diabetes mellitus and hypertension.
- Road polytrauma at 9.30
- Conscious and collaborating
- abdominal pain

Vital signs reported (if handover):

- RR 30/min
- Sat 93% in O₂ 3lt/min
- NIV BP 100/60 mmHg
- HR 110r

Tp 35.6

Additional Briefing (individual Positions)

As SP scenario, familiarisation and safety rules for SP need to be established before start!

SP

You are Mrs. Jones, 80yr old. You have chronic diabetes and take pills for it.

You were taking your garbage out, saw the truck but it suddenly hit you

you don't remember more, just the friendly garbage man assisting you.

You are grateful for the help, but pretty scared and a bit disoriented. You feel abdominal pain and shortness of breath

Case Briefing (Roleplayers)

Others:

You are on duty in the ED, receiving the patient from the ambulance. See Ambulance report.

You have access to the resources usually available in your ED

Notes:			

Script SIM Nurse/Co-Instructor

List of Material

- Vital Sign Monitor
- (ECG, Resp. rate, Oxygen saturation, NIV BP)
- Thermometer
- FAST algorithm/NIHSS form
- IV access
- Saline
- EAB and blood and coagulation test tubes
- requests for plasma and red blood cells
- fibrinogen
- tranexamic acid
- FFP

Set-Up Room

- ED acute bed with
- Vital Signs monitor
- Phone available

Set-Up Simulator

 Standardized patient (trained person to managing polytrauma)

Description of history and status in briefing.

Notes:			

Scenario Saver

How to react if the medical problem is not identified

The blood pressure and the saturation level drop;

the respiratory and heart rate increase – see stage "deterioration" The patient quickly loses consciousness.

An experienced surgeon on call arrives in the ED and ask for status. He/she suggests the patient is referred for a FAST ultrasound.

How to react if the medical problem is identified too quickly

No problem. The learning goal is to communicate and act according to the protocol.

Possible extra challenge – patient becomes more disoriented, starts wanting to go home.

Possible CRM challenges: not all team members are listening, information is distributed through handover

Other comments, material needed for savers (e.g. white coat)

• FAST ultrasound

Notes:			

Scenario End Criteria

Scenario ends when			
The ED physician or the surgeon will refer the patient to FAST ultrasound			

 $\begin{tabular}{ll} Notes: end the scenario saying: \\ \end{tabular}$

"The patient is now going to be taken care of, thank you for solving the case"

Simulator Set-Up, Steering

Vitals	Phase 1 Start HR: 130 bpm, SR BP: 80/40 mmHg; SpO2: 98 %, (3lt O2) Resp. Rate: 30, Temp: 35,9°C; GCS 15	Phase 2 Deterioration (2 min if no action) HR: 160 /min. BP: 65/35, SpO2: decreasing over 2 min to 75% RR: 40	Phase 3 Stabilization HR: 100 /min. BP: 100/70 SpO2: 95% RR: 22	
Text for patient	abdominal pain	Silence, loss of consciousness		
Other info				
Management				
during scenario				

Notes:			

Abstract

Learning Target:	Quick look, ABCDE, identify abdominal trauma, Closed-loop communication, SBAR
Description:	An elderly female got hit by a garbage truck and she feels abdominal pain
Participants:	SP, ED physician, 2 nurses, surgeon (or team according to local Protocol).
Case Briefing:	
List of Material:	ED bed, Vital Signs Monitor, IV access, relevant medication
Set-Up Room	ED room
Set-Up Simulator:	SP
Scenario Saver:	The patient loses consciousness if abdominal trauma is not identified/suspected and acted upon
Scenario End Criteria:	When the patient is referred to a FAST ultrasound
Management during Scenario:	
Other:	